



GENERAL RELEASE AND WAIVER OF CLAIMS

1. I am at least 18 years old.
2. I am voluntarily participating in the WeCanRow-Boston, Inc. [WCR-B] program located at Boston University, an activity which I understand requires significant physical exertions and may involve a risk of injury or death of which I am aware. I further understand: (a) such risks may be caused by my own actions, or inactions, the actions or inactions of others participating in WCR-B, the conditions in which WCR-B takes place, or the negligences of the Releasees identified below; (b) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and (c) I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in WCR-B.
3. I understand that my participation involves rowing in an open craft in a physically demanding activity where there may be unusual risks to my health and safety. My decision to participate in this program is made by me in full recognition of these risks and is entirely voluntary. I represent that I am in adequate physical condition to participate in these activities and that I will notify my coach if I have or if I develop any physical problem or health condition that may affect my ability to participate in these activities without posing a danger to my health or safety or the health or safety of others.
4. I verify that I am physically fit and able to participate in WCR-B. With respect to any portion of WCR-B that involves being near or on the water (e.g. river, lakes, rowing tanks etc.) I verify I am able to: (a) Tread water for 5 minutes and (b) Swim 100 yards continuously. All participants are required to pass a standardized swim test. See Swim Test form. If I do not believe I can pass a standardized swim test or choose not to provide the required Swim Test Form, I understand and agree that I will be required to wear a life preserver or other acceptable safety flotation device at all times when I am near or on the water and I assume all responsibility for all attendant risks, including but not limited to, the risks identified in #2 above.
5. In consideration of your acceptance of this application, for myself, my heirs, administrators, and executors covenant not to sue and release, waive and forever discharge WeCanRow-Boston, Inc. and Boston University and all of their affiliates, agents, directors, employees, volunteers, representatives, successors, assigns or anyone acting for or on their behalf ("Releasees"), from any and all claims, demands, actions or causes of action, losses, damages, costs or injuries of whatever kind or nature, either in law or in equity, arising from or by reason of any bodily injury or personal injuries known or unknown, death or property damage resulting from my participation in WCR-B, or any activities in connection with WCR-B whether caused by the negligence of any Releasees or otherwise or on account of first-aid or other medical treatment or service rendered during or as a result of my participation in WCR-B. I hereby, for myself, my heirs, administrators, and executors agree to indemnify and hold harmless the Releasees, from all liabilities, losses, damages or costs of any nature whatsoever (including court costs and legal fees) incurred by any Releasees as a result of my participation in WCR-B or any other activities related to WCR-B.
6. I hereby grant WeCanRow-Boston permission to use my name, likeness (e.g. photograph, video tape etc.) and/or biographical material about me for any legitimate purpose in any media and in such manner and at such times as WeCanRow-Boston in its sole discretion, may deem appropriate or desirable without compensation to me, provided that such use relates to my status as a participant in WCR-B. I hereby waive all right of inspection and/or biographical material as described herein.

Printed Name of Participant:

DOB:

Address:

street

city

state zip

Participant's Signature:

Date:

Send to: WeCanRow-Boston, PO Box 750036, Arlington, MA 02475

revised 2/29/12